

# Alzheimer's Family Education Workshop



## Alzheimer's Disease or Other Dementias

Learn about the causes and how to recognize the symptoms of Alzheimer's disease or other dementias.

## Capturing Life's Journey

Learn techniques to encourage your loved one to share their stories and memories.

## Techniques to Handle Challenging Behavior

Discover ways to help handle and manage different types of behaviors.

## Activities to Encourage Engagement

Learn about three types of activities for the mind, body, and soul and ways to stimulate your loved one's five senses.



Lansing: July 20th 1pm -4pm

RSVP by July 17th

 (517)-216-8264 or (517)-333-0610

 Lansing: 2175 University Park Drive Ste 200 Okemos, MI 48864